

**crossroads**

# **LIFE GROUPS**

**Breaking Bad Habits**

**Week 2**

Discussion Questions

**July 12th, 2020**

**MEMORY VERSE FOR THE MONTH OF JULY:** “Finally, be strong in the Lord and in the strength of His might. Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places.”

Ephesians 6:10-12

## **DISCUSSION QUESTIONS:**

1. Share with the group: Who is your favorite Disney character? Why?
2. Share with the group: What is something that God taught you or is teaching you during your personal Bible reading time?
3. What was the main lesson you learned from Pastor Chuck’s message this week?
4. Let’s look at Matthew 12:43-45. What does this scripture teach us that happens after we “break the bad” in our lives? What happens if we don’t build an “altar” to replace the “bad?”
5. Pastor Chuck talked about “triggers” in people’s lives. What are triggers? What does the acronym H.A.L.T stand for?
6. What does God gift us with that gives us power and strength to overcome? Let’s read Jeremiah 8:10 and Isaiah 40:29-31 as a group for the answer.

7. Let's read Proverbs 17:22. What is joy compared to in this passage of scripture?

LIVE "ITEL" NOW:

Intentional Intimacy • Total Surrender • Experience More • Love Like Jesus

8. In order to truly have joy in our lives, Pastor Chuck taught us we need: to make Jesus the lord of your life, get rid of negative people, shout joyfully to the Lord, serve the Lord with gladness, and sing to Him with joyful singing! Which one of these do you personally need to work on to have more joy in your life this week?