

## GROWTH MINDSET CHART

### WHAT IS A GROWTH MINDSET?

According to Stanford University Professor, Carol Dweck, people tend to hold one of two different beliefs about intelligence:

People with a **FIXED MINDSET** believe intelligence is fixed at birth—like eye color—and doesn't change or changes very little with practice. Children with a fixed mindset see school as a place where their abilities are evaluated, they focus on looking smart over learning, and they interpret mistakes as a sign that they lack talent.

People with a **GROWTH MINDSET** believe that intelligence can be developed—like a muscle. Children with a growth mindset see school as a place to develop their abilities and think of challenges as opportunities to grow.

PRESS  
PLAY  
DEVOTIONAL

WHAT CAN I  
LEARN FROM  
SOMEONE  
WHO DOES IT  
BETTER?

I CAN  
DO HARD  
THINGS.

MISTAKES  
HELP ME  
LEARN.

I FEEL GOOD  
WHEN I DO MY  
BEST WORK.

EVERYTHING I  
DON'T KNOW  
IS SOMETHING  
I CAN LEARN.

SOMETIMES  
I WIN,  
SOMETIMES  
I LEARN.

WHATEVER  
HAPPENS,  
WE CAN  
HANDLE IT.